

500.1 Sleeping

It is permissible to take a nap during mid-shift breaks from work as long as the allotted time is not exceeded. Discretion should be exercised in the location of the nap so as not to make the wrong impression on the surrounding community. It is not permissible to sleep at any other time during working hours. Sleeping during working hours, other than breaks, will result in corrective and disciplinary action.