

May 07, 2020

# FACILITIES MANAGEMENT

AT COLORADO STATE UNIVERSITY

## FM DAILY COMMUNICATION

Issue 25

FM staff,

Please take note of the following resources below that are free and available to you.

Be well,



Tom Satterly, P.E.  
Associate Vice President for Facilities Management

### The Office of Ombuds is Here for You

Need help navigating a conflict or concern in the workplace? These are uncertain times and the Office of the Ombuds recognizes the last few weeks may have created extreme disruption in your personal and/or professional lives. As a voluntary, confidential, informal and impartial office, they are here to assist and support you, whether it is to prepare for a difficult conversation or to brainstorm creative new ways to work effectively while juggling the responsibilities of home life. They are available as a non-judgmental, listening ear with the aim to finding solutions to your workplace concerns. To request an appointment with the University Ombuds, Melissa Emerson, email [Melissa.Emerson@colostate.edu](mailto:Melissa.Emerson@colostate.edu) or call 491-1527. Visit [ombuds.colostate.edu](http://ombuds.colostate.edu) to learn more about their services.

### Employee Assistance Program (EAP)

Reach out to the EAP coordinator, Jan Pierce, for help with access to EAP benefits. The best way to get in touch with Jan is to leave a message at 491-3437 or by email at [jan.pierce@colostate.edu](mailto:jan.pierce@colostate.edu). Additional resources are available at <https://eap.colostate.edu/covid-19-guidance/>.

### CARE

The CARE program provides CSU employees with information about, and referrals to, agencies and organizations in Northern Colorado who provide *low-cost or no-cost services* in the areas of:

For more information contact Emma Chavez: [emma.chavez@colostate.edu](mailto:emma.chavez@colostate.edu) or call 491-4839.

- Physical and mental healthcare
- Food, clothing and other household necessities
- Dependent care and elder care
- Services for the disabled
- Housing, including emergency food and shelter
- Education
- Transportation
- Pets
- And other support services

### Tell Someone-Support and Safety Assessment

If you are concerned about safety or mental health—your own or someone else's, please call 491-1350 or complete the online referral form ([https://cm.maxient.com/reportingform.php?ColoradoStateUniv&layout\\_id=12](https://cm.maxient.com/reportingform.php?ColoradoStateUniv&layout_id=12)).

<https://www.fm.colostate.edu/fmDaily>

[fac\\_news@mail.colostate.edu](mailto:fac_news@mail.colostate.edu)