

AT COLORADO STATE UNIVERSITY

Facilities Focus - Winter 2018

The quarterly newsletter of CSU Facilities Management

SPARK Award Recipients

Since the SPARK program launched in mid-October, over 30 Facilities Management employees have received SPARK awards for demonstrating a core value through their work!

Staff who have received a SPARK award include:

Cristina Acosta	Adam Anderson	Cameo Banks	Curtis Baron-Fishel
Shawna Breit	Lindsay Brown	Gabe Bouche	Eva Burch
Brady Carlstrom	Shelly Carroll	Kellcie Coffey	Sean Dexter
Andres Hernandez	Marissa Koski	Rudina Morales	Amy Ouska
Juan Rameriz	Connie Schunter	Will Schwab	Jim Taylor
Jim Thake	Jeff Wilcox	Ginger Wright	Peter Zavorskas

Information about the SPARK program, including the program description, dates and location for SPARK card redemption, FAQ, and more can be found on the Facilities Management website <u>here</u>.



Events on Campus

Winter 2018

Professional Development Institute - January 8, 9, and 10

The Professional Development Institute (PDI) offers CSU faculty members, state classified personnel, administrative professionals, and graduate students an opportunity to explore a wide range of topics designed to enhance their professional growth and personal enrichment.

Several Facilities Management staff are teaching PDI sessions including:

"Why the Classified Personnel Council Matters to You."

Date: Monday, January 8, 9–10 a.m. in LSC 372

Presenters: Stacey Baumgarn, Kristin Stephens

"Composting: What do you need to know?"

Date: Monday, January 8, 11 a.m.–12 p.m. in LSC 324

Presenters: Sheela Backen, Maggie Gilman



"Truth Bee Told: Promoting Pollinators on Campus and in Our Communities."

Date: Monday, January 8, 1–3 p.m. in LSC 374

Presenters: Holly Miller, Freddie Haberecht, Ronda Koski, Arathi Seshadri, Lisa Mason

"Campus on a Carbon Diet - Annual Update of CSU Sustainability Efforts."

Date: Tuesday, January 9, 9–10 a.m. in LSC 312

Presenters: Carol Dollard, Stacey Baumgarn

The entire PDI program can be found here. Register for PDI sessions here.

Events on Campus

Martin Luther King Jr. Holiday

Don't forget! The University will be closed in honor of the Martin Luther King Jr. holiday on Monday, January 15.

Spring Semester

The 2018 Spring Semester begins on Tuesday, January 16.

Spring Break

CSU's Spring Break is scheduled for Monday, March 12–16.

Name the Newsletter Competition!

Thank you to everyone who participated in the Name the Newsletter Competition! Your name suggestions and votes were very much appreciated!

The winning name voted on by the Department was **Facilities Focus**, submitted by Stacey Baumgarn! Stacey received a \$50 Amazon gift card for winning the Name the Newsletter Competition.

Facilities Fe

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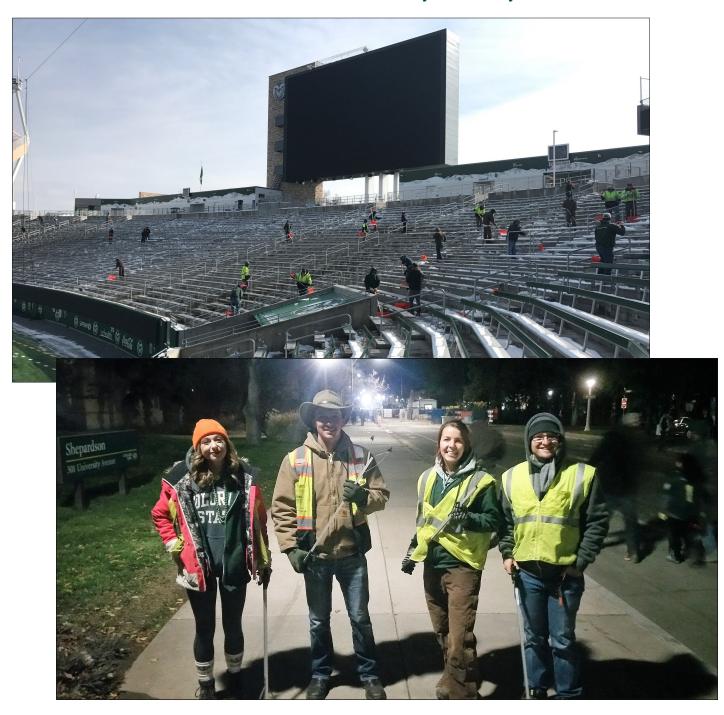






Game Day Operations

We've come to the close of the first year of operating the new on-campus Stadium and by in large, game days were huge successes! Whether maintaining the stadium on a day to day basis, shoveling the stadium or plowing the field on a snowy day, or keeping other parts of campus looking great during game days, many FM staff were critical to the overall success of the season! Thank you for all you do!



Health and Medical Center Services

<u>Colorado State University Health & Medical Center</u> is open and available to employees. The following services are available.



- A walk-in clinic and primary care with extended hours and weekend services
 operated by Associates in Family Medicine, in partnership with UC Health
- Occupational health services for anyone injured on the job, including CSU faculty and staff
- Pharmacy
- Radiology and imaging services
- Kendall Reagan Nutrition Center, which provides science-based nutrition counseling and classes to the public. CSU employees receive a discount through <u>Commitment to Campus</u>.
- Infusion therapy suites for IV antibiotics
- IV antibiotics, hydration, blood products, and biologics

Pharmacy Hours:

Monday: 7:30 a.m. – 5:30 p.m. Tuesday: 9:00 a.m. – 5:30 p.m. Wednesday: 7:30 a.m. – 5:30 p.m. Thursday: 7:30 a.m. – 5:30 p.m. Friday: 7:30 a.m. – 5:30 p.m.

Associates in Family Medicine Hours:

Appointments: Monday–Friday: 8:00 a.m. – 5:00 p.m.
Walk-in clinic: Monday–Friday: 8:00 a.m. – 5:00 p.m.
Saturday–Sunday: 9:00 a.m. – 5:00 p.m.

Much more detailed information about services offered at the Health and Medical Center can be found on their <u>website</u>.

Help us recognize outstanding CSU employees!

The Classified Personnel Council (CPC), Administrative Professional Council (APC), and Commitment to Campus (C2C) have announced a new <u>Professional Development Award</u> program. Awards up to \$2,000 are available to support State Classified and Administrative Professional employees' requests to pursue a professional development activity of their choosing. The activity must relate to the employee's current job or career ladder at CSU and be approved by the employee's supervisor. Up to \$12,000 in award funds are available each fiscal year. To apply for the Professional Development Award, submit an online application at the <u>C2C website</u> under the Education and Lifestyle section. **Applications DUE Jan. 15, 2018.**

<u>The Outstanding Achievement Award</u> recognizes meritorious and outstanding achievement in job skills and/or service to the University by State Classified employees. Annual recipients are presented with a plaque and \$1,000! **DUE February 16**, **2018 at noon**.

<u>Positive Action Award</u> recognizes individuals, groups, units or departments that have made a positive contribution to State Classified employees at Colorado State University. **DUE March 23, 2018 at noon.**

<u>The AP Star Award</u> was created to express appreciation by recognizing the accomplishments of administrative professional (AP) employees who have demonstrated outstanding individual performance at CSU. The goal is to recognize AP's who make a difference and "shine" in our CSU community. Multiple recipients every year! **DUE January 26, 2018 at noon.**

<u>The Distinguished AP Award (DAPA)</u> recognizes administrative professionals with continuing meritorious and outstanding achievement in the areas of outreach, teaching, administration, and/or service. Up to five annual recipients are presented with a plaque and \$1,000! Nominations open December 1. **DUE February 16, 2018 at noon.**

<u>Multicultural Staff & Faculty Network Distinguished Service Awards</u> were created to honor academic faculty, administrative professional, and state classified employees who have made outstanding contributions within the University as well as surrounding communities. Award recipients must have: enhanced the awareness and status of individuals and groups who are ethnically diverse; or fostered acceptance and understanding between the majority population and persons of color; or strengthened multicultural and inclusion efforts for underrepresented people. Awards up to \$1,000 are available. **DUE February 12, 2018 by 5 p.m.**

<u>The Everyday Hero Award</u> recognizes meritorious and outstanding achievement in job skills and/or service to the University of ALL CSU employees (state classified, administrative professionals and faculty). **Ongoing Submissions Accepted.**

Reid Baker — District Energy, 9 years of service

Sharon Hayes — Building Services, 30 years of service

New Hires

October-November 2017

Welcome to our new employees! We are happy to have you on our team!

Aaron Coy	Hanna Mae Alcon	Alfredo Alcon Jr.	Tammie Alderin
Peter Arriola	Hermelinda Basurto	Liu Bazan	Derald Dunbar
Oracio Garcia	Jasmine Hatten	Jacob Henderson	Steven Honick
Matthew Jones	Garrett Kelly	Kenneth Kinneer	Christopher Marsh
Timothy Moore	Gilbert Morgan	Benjamin Murray	Jeffrey Ortiz
Alex Scott	Beatrice Veca	Karri Winder	

Milestones

October-November 2017

Congratulations to our employees who have reached the following years of service milestones!

5 Years:	10 Years:	15 Years:	30 Years:
Bill Brubacher	Jason Brueggeman	Michael Lingk	Philip Miller
Joy Dean	Susanne Cordery	Lucas Swarbrick	
Kenneth Duke	Perla Duarte	Barry Willier	
Julie Eaton	Joseph Kramer		
Chasity Flores	Jim Kron	25 Years:	35 Years:
Susan Glass	Roland Mulcahy	Lori Meyers	Doyle Thornton
David Jimenez	Duane Rhoades	Tet Sanchez	
Anthony Martinez	Will Schwab		
Kelly Siefkes	Ken Young		

Section Spotlights

Facilities Management is made up of many sections, all working to serve the University.

Computer Services

Computer Services intends to increase staff to hire an additional individual dedicated to the transition and implementation of the new Integrated Workplace Management System (IWMS). Transition and implementation is anticipated to occur by December 2018. Computer Services would like all Spanish speaking employees to know that Juan Ramirez is available to assist individuals with any computer or phone issues. Fun Fact: Computer Services maintains 290 computers, 387 cell phones and 460 user accounts across FM.



Building Services/ISW

Building Services recently underwent a section reorganization and created additional teams to accommodate new construction on campus. Two new teams to support the new Biology and Chemistry Research Buildings have already been established and the process is underway to establish two new teams dedicated to the On-Campus Stadium supporting both Athletics and Academic spaces in the Stadium. Integrated Solid Waste has increased equipment operators to support new construction on campus and support ISW's commitment to safety procedures in and around pedestrian environments. Building Services also undertook the lead for Facilities Management in completing performance management electronically through the Talent Management System. The number of employees in this section made for an excellent candidate to pilot this process within FM. In addition to these staffing transitions, the Building Services offices in the Facilities Management North Building recently underwent a renovation to provide an office environment that better supports business operations.

SHOVE(L) IT!

Is that how you feel when you see a beautiful heavy snowfall? Too bad! You could at least take a moment to realize the beauty before you think of shoveling. But since we do have to shovel, it is worth preparing for, both mentally and physically. Of course you want to dress appropriately in layers for warmth but not too tight, and of course a hat and gloves! Keep hydrated because you will probably be sweating, and take frequent breaks because it is hard on your heart, so keep aware of your body. If you take just a moment to survey the job and plan your strategy, you may actually be able to accomplish the entire job without lifting one shovel! If you literally SHOVE IT, you can protect your back. One good strategy is to clear the center strip first and then shove rows to each side where it can pile up. There is no need to pitch the snow far and that is very risky, so avoid anything like twisting and extending any weight away from your body. If you must lift and carry shovels full, then keep it close and move your feet to the spot where you can dump the shovel right in front of you. Take small shuffling steps; just think "every day I'm shuffling" (shoveling). Even irritating tasks can be more tolerable if you create some way to enjoy them!



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Wonder Why?

Here we are, a new year, another year older and new resolutions for 2018. The thought of having a clean slate and a new opportunity is refreshing. Positivity and passion thrive at the possibility of something better, but why does it have to be so difficult to follow through with our dreams?

Just having goals is simply not enough. It all starts in the brain. The biggest key to success is attitude and state of mind.

Get happy! Statistically, success is more likely and comes more naturally to those who are happier. It's called "The Happiness Advantage" per author, Shawn Achor. Seems like hard work would actually be the key. Not so, per Achor. To summarize Achor, happiness drives energy, creativity, resilience and productivity. Achor believes we can reprogram our brains.



Think how negativity sets the stage for setbacks. Giving up and giving in occurs when discouragement and despair set in. When things seem like they are falling apart, staying focused becomes incredibly difficult. How you respond to adversity is a choice.

Being happy isn't as hard as it sounds. It all comes down to thought process. Redirect negativity to have a positive spin. Failure is an opportunity to try again. It's a journey. See the possibilities.

Change, though challenging and difficult, occurs when there is control over thinking. Commit to being happy and making 2018 amazing!

Have you ever wondered why? Please submit your questions to <u>fac_news@Mail.colostate.edu</u>.

Newsletter Committee

Thanks to the FM Newsletter Committee for creating this quarterly newsletter! Thank you to Olatz Pascariu for translating the newsletter into Spanish for our department!

Look for the next edition in April! Want to share your idea for an article? Contact the committee at <u>fac_news@Mail.colostate.edu</u>.