Book: *Feminist Fight Club: An Office Survival Manual (For A Sexist Workplace)*

*Morgan Library Copy:* [https://colostate.primo.exlibrisgroup.com/permalink/01COLSU_INST/via34g/alma991021979749703361](https://colostate.primo.exlibrisgroup.com/permalink/01COLSU_INST/via34g/alma991021979749703361)

*YouTube:* [https://youtu.be/bYKnmcVxAx8?si=-igbsG2evh_XUAQc](https://youtu.be/bYKnmcVxAx8?si=-igbsG2evh_XUAQc)

**Author:** Jessica Bennett

**Themes:** Humorous approach to behaviors to avoid and strategies to implement for workers trying to interact in a more equitable work environment.

**Content Cautions:** Sexism, sexual assault, sexual harassment.

**Synopsis:** Hard hitting and entertaining, Feminist Fight Club blends personal stories with research, statistics, and expert advice. Bennett offers a new vocabulary for the sexist workplace archetypes women encounter every day - such as the *Manterupter*, who talks over female colleagues in meetings, or the *Himitator*, who appropriates their ideas - and provides practical hacks for navigating other gender landmines in today's working world. With Feminist Mad Libs, a Negotiation Cheat Sheet, and fascinating historical research, Feminist Fight Club tackles both the external (sexist) and internal (self-sabotaging) behaviors that plague women in the workplace - as well as the system that perpetuates them.

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The resources in the FM JEDI collection were added with the intention of upraising traditionally marginalized voices. Viewpoints expressed are those of the author. We hope these materials add to a well-rounded world view. However, it’s up to the reader to interrogate their own viewpoints and biases and to determine what to take from the content.