



Book: *Strong Female Character*

Morgan Library Copy: Not available at the Morgan Library; could try interlibrary loan.

Audible UK Youtube: <https://youtu.be/0qotl1Lp7Y0?si=1uY50av6LLrfl4>

Author: Fern Brady

Themes: Autism and mental health

Content Cautions: Drugs and alcohol, mental health, family drama, abuse, sex and sexuality, strong language.

Synopsis: In a memoir as hilarious as it is heartbreaking, Fern leaves no stone unturned while detailing her futile attempts at employment, her increasingly destructive coping mechanisms, and the meltdowns that left her mind (and apartment) in ruins. Her chaotic, nonlinear journey—from being a stripper to getting arrested to finding a lifeline in comedy to her breakout appearance on the *Taskmaster* TV show as her full, unmasked self—is both a remarkable coming-of-age tale and a dark but poignant tribute to life at the intersection of womanhood and neurodiversity.

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